

# Directions

Mile	Start	Portage	Location	Directions/Descriptions
0	Start Relay Leg 1		Great Plain Ave., Needham/Dedham LIMITED PARKING: CARPOOL OR HAVE TEAM- MATES DROP YOU OFF!	<b>From South:</b> Take I-95 to exit 17 (Rte. 135 Needham/Natick). Take right off exit, then first right onto Lyons St. to Dedham Medical Associates (DMA). <b>**</b> Take left into DMA parking lot. Park in lower lot to the right. Do not park in St. Sebastian's / St. Bartholomew's or upper DMA parking lots! Shuttle buses available from parking lot to 24-mile start. <b>From North:</b> Route I-95 to exit 17, take right off exit, then first left onto Lyons St. to Dedham Medical Associates (DMA). Continue from <b>**</b> above. To drop your boat off at the start line, continue on Lyons St., take a right immediately after crossing over I-95. Drop off and park at DMA.
5	Start Relay Leg 2  Pro Race  19-Mile Race		Riverdale Park, Dedham LIMITED RELAY PARKING TILL NOON-- -- -- CARPOOL OR HAVE TEAM- MATES DROP YOU OFF!	<b>From South:</b> Take I-95N to exit 18. Take left at end of ramp <b>***</b> onto Great Plain Ave. toward West Roxbury. Follow Great Plain Ave. past Relay Leg 1 start. Stay left at fork with Welcome to Dedham sign. Follow to intersection of Route 109. At stop light take 2 sharp lefts around traffic islands onto Riverside Drive (a hairpin turn). Check-in and put-in for Relay Leg 2, Pros and 19-Mile Race is on right. Parking till NOON is at Moseley's, lower lot located on Route 109 across from the old Shell station and next to the Getty Station. <b>From North:</b> Take right at end of ramp and then continue from <b>***</b> above. Pros Only: Park along Riverdale Park.
10	Start Relay Leg 3		Silk Mill Dam, Newton Upper Falls	<b>From North and South:</b> Take I-95 to exit 20A (Route 9 East). Stay in the right lane and exit for Chestnut Street. At second stop sign take a right onto Chestnut, right again at light onto Elliot Street (after Ellis Street). Parking is at the office park on corner. Walk over bridge to check in at Hemlock Gorge Reservation.
10		Portage 1 Exchange*	Silk Mill Dam, Newton Upper Falls	Pull out at designated area on river left, put back in 300 yards downstream at designated area in front of Echo Bridge.
10.3		Portage 2	Circular Dam, Newton Lower Falls	Pull out at designated area on river, cross two roadways, passing under Route 9. Put back in 300 yards downstream at designated area.
12.5	Start Relay Leg 4		Cordingly Dam, Wellesley  Limited Parking	<b>From South:</b> I-95N to exit 21 (Route 16 West). Go left at end of ramp. Left again onto Wales/Walnut Street at 1 <sup>st</sup> set of lights. Parking is in lot on right. <b>From North:</b> Route 95S to exit 21A. At end of ramp there's a light. Take a very sharp left onto Wales/Walnut Street. Parking is in lot on right. <b>**</b> Woodland T stop is in walking distance.
12.5		Portage 3 Exchange*	Cordingly Dam, Wellesley	This is the longest portage of the race, approximately 1/2 mile. Pull out on left bank and carry canoe along Route 16; you will be directed along the route by race volunteers and put back in 1/2 mile downstream at a designated area.
15	Start 9-Mile Race		Norumbega Duck Feeding Area (across from Newton Marriott)	<b>From South:</b> I-95N. Watch for signs for exits 23,24,25. Follow exit 24 signs (Rt. 30, Newton/Wayland). Go left at end of ramp, then right at lights toward Mass Pike (90). Pass entrance to Mass Pike on right. Turn right at Norumbega Duck Feeding area. Stay to the right for parking lot. <b>From North:</b> I-95S to exit 24 (Newton/Wayland). Stay left on ramp. Cross Route 30. Pass entrance to Mass Pike on right. Turn right at Norumbega Duck Feeding area. Stay to the right for parking lot.
17.9	Start Relay Leg 5		Moody Street Dam, Waltham LIMITED PARK- ING CARPOOL OR DROP OFF!	From Route I-95 take exit 26 (Route 20 East, Waltham/Boston). Follow Route 20 for approx. 2 miles. Watch for light with Sovereign Bank on right. - take this right onto Moody Street. Take right into parking lot before river bridge. Additional parking, if needed, at Worldwide Warehouse before river on left.

Mile	Start	Portage	Location	Directions/Descriptions
17.9		Portage 4 Exchange*	Moody Street Dam, Waltham	Pull out of river on left, cross Moody Street and put back in 1/3 mile downstream at designated area.
18.6		Portage 5	Bleachery Dam	Pull out on river right after passing under footbridge. Put back in 200 yards downstream at designated area.
20.7		Portage 6	Watertown Dam	Pull out on river right after passing under footbridge. Put back in 200 yards downstream at designated area.
20.7		Good Viewing Site	Watertown Dam	Take I-95 to exit 21 A, Route 16 East. Follow, forking left at W. Newton Cinema, where Route 16 becomes Watertown St. Follow several miles into Watertown. Before you come to Watertown Square, at a red brick school on your right (Parker School) take a left onto Fifth Avenue. Watertown Dam is straight ahead. Look for parking on streets or in shopping areas.
24	Start 6-Mile Races Outrigger Race Finish all Races		DCR's Artesani Park, Brighton	<b>Option A:</b> Take the Mass Pike East to exit 17 - Newton/Watertown. Follow signs toward Watertown Square (Centre Street/Galen Street) for 1 mile, take right onto Nonantum Road at the MBTA bus station before bridge. Continue along the river on Nonantum / Soldiers Field Road for 3 miles. DCR's Artesani Park will be on your left just before the WBZ-TV studio, at the Publick Theater and large recreational parking area. <b>Option B:</b> Take the Mass Pike East to exit 18 - Cambridge/Brighton/Allston. Follow signs to Cambridge. At first light, cross roadway and immediately take left down onto Storrow Drive (do not cross river). Follow to Soldiers Field Road. Road will fork, stay left. DCR's Artesani Park will be on your right at the Publick Theater sign just past and across from the WBZ-TV studio, at the large recreational parking area. Limited Parking - Carpool or have teammates drop you off! Rangers may open a travel lane on Soldiers Field Rd. for parking but cars must be removed by 5:00 PM or they will be towed.

\* Exchange - These portage points are also the beginning of the next leg of the relay. Paddlers from both legs may help on these portages